



**Tyler Parks and Recreation's  
Glass Recreation Center  
Tai Chi Chuan Class  
501 West 32nd St.  
(903) 595-7271  
Beginning January 6, 2010  
\$10 per month per person**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone:(home)** \_\_\_\_\_ **(cell)** \_\_\_\_\_

**Age range:** 11-16 \_\_\_ 17-24 \_\_\_ 25-35 \_\_\_ 36-49 \_\_\_ 50+ \_\_\_

**How did you hear about the class?** \_\_\_\_\_

**\*Students should wear loose fitting clothing and can either do the class barefooted or in stocking feet. The class is held in the multi-purpose room of the Glass Recreation Center.**

**\*Learn the ancient exercise from the eastern culture of China. Find yourself calmer, more flexible, able to breath deeper and with a sense of peace and relaxation that many Eastern cultures have already enjoyed for many centuries.**

**Please send your payment to:**

**Glass Recreation Center**

**501 West 32nd St.**

**Tyler, Texas 75702**

**Or call (903) 595-7271 for more information.**

