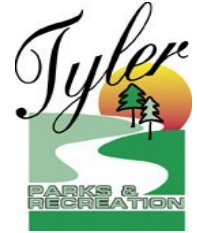




2012 COOKING FOR LIFE CLASSES I-V



**PRESENTED BY THE
TYLER PARKS and RECREATION DEPARTMENT**

**CLASSES ARE \$15 PER PERSON AND HELD IN
HARVEY CONVENTION CENTER FROM 6-8 p.m.**



Class I

Date: Tuesday, Jan. 24, 2012

Guest Chef: Executive Chef, Blaise Forsythe, Gabi's Gourmet Delivery

Details: Adult Class; **"Sweet and Savory Crepes and More."** Take home recipes, watch a great demonstration and enjoy the meal. Pre-registration required and space is limited.

Class II

Date: Tuesday, Feb. 21, 2012

Guest Chef: Executive Chef, Jack Lewis, Rick's of Tyler and Danny Cace, Conco Foods

Details: Adult Class; **"Down on the Bayou;"** experience a wonderful demonstration, receive recipes and enjoy a satisfying meal. Pre-registration required and space is limited.

Class III

Date: Monday, March 13, 2012

Guest Chef: Executive Chef, Jackson York, CEC, Edom Bakery

Details: Adult Class; **"Simply Italian."** Receive recipes and enjoy a colorful meal. Pre-registration required and space is limited.

Class IV

Date: Tuesday, April 24, 2012

Guest Chef: Executive Chef Sam Seago, Brookshire's Catering

Details: Adult Class; **"Healthy and Hearty!"** Receive recipes and experience a great meal. Pre-registration required and space is limited.

Class V

Date: Tuesday, May 22, 2012

Guest Chef: Executive Chef Jack Lewis, Rick's of Tyler and Danny Cace, Conco Foods

Details: Adult Class; **"Summertime Healthy Grilling!"** Receive recipes and enjoy a great meal; pre-registration required.

Mark your calendar for Class VI on June 12, Class VII on July 10, Class VIII on Aug. 21, Class IX on Oct. 23, Class X on Nov. 6 and Class XI on Dec 4. Details to come in the Summer/Fall issue of the Parks Activity Guide.

For more information please contact: Debbie Isham at
(903) 531-1214 or email disham@tylertexas.com.

